

Ibuprofen Dosage Sheet

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- BRAND NAMES: Motrin, Advil, generic ibuprofen

INDICATIONS: For treatment of fever and pain.

FREQUENCY: Repeat every 6 to 8 hours as needed. Don't give more than 4 times a day.

DOSAGE: Determine by using the table below.

Ibuprofen is NOT recommended for children under 6 months of age.					
Child's Weight (lb)	Dose in mg	Infants' Drops (50mg/ 1.25mL)	Junior Chewable 100mg tablets	Adult 200mg tablets	Children's Suspension (100mg/5mL)
12-17 lbs	50 mg	1.25 mL			2.5 mL
18-23 lbs	75 mg	1.875			3.75 mL
24-35 lbs	100 mg	2.5 mL			5 mL
36-47 lbs	150 mg	3.75 mL			7.5 mL
48-59 lbs	200 mg	5 mL	2 tabs	1 tab	10 mL
60-71 lbs	250 mg		2 ½ tabs	1 tabs	12.5 mL
72-95 lbs	300 mg		3 tabs	1 ½ tabs	15 mL

Table Notes:

- AGE LIMIT: Don't use under 6 months of age unless directed by child's doctor. (Reason: safety not established and doesn't have FDA approval).
- MEASURING the DOSAGE: Syringes and droppers are more accurate than teaspoons. If possible, use the syringe or dropper that comes with the medicine. If not, medicine syringes are available at pharmacies. Regular spoons are not reliable.
- ADULT DOSAGE: 400 mg

Why treat a fever? The main reason to treat a fever is to make the person feel better. Even higher temperatures (103°F or greater) are not in themselves dangerous or significant unless your child has a history of seizures or a chronic disease. The fever itself is not the disease, only a sign that the body's defenses are trying to fight an infection. Treating a fever helps a child feel better but does not help cure the illness that is causing the fever.

It is not necessary to lower a child's fever to normal. Simply lowering the temperature by 1-2 degrees will make your child feel much better and may even help them sleep better.

May I use Ibuprofen and Acetaminophen together? If your child is over 6 months old, then yes, you can give a dose of Ibuprofen and follow it **3 hours later** with a dose of Acetaminophen. If your child is very uncomfortable, you can continue to alternate medicines every 3 hours. Be sure to use the correct doses of each medication based on your child's weight. Do not give Ibuprofen more often than every 6 hours and do not give Acetaminophen more often than every 4 hours.

How long to treat a fever? Most fevers resolve as the child improves. If the fever persists for more than a few days, or you are concerned about your child, please call the office for advice or seek emergency care.