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Loratadine Dosage Sheet

- Brand Name: **Claritin**, generic loratadine

Indications: Treatment of nasal or eye allergies, hives, itching, and other allergic symptoms.

Frequency: Once per day

Dosage: Find the child's age on the dosage table below

Child's Age	*under 2 years old	2-5 years old	6-11 years old	12+ years old
Liquid 5mg/5mL	*Do not use	2.5 mL (½ tsp)	5 mL (1 tsp)	10 mL (2 tsp)
Chewable 5mg tablets	Not for children under 6 yo		1 chewable tab	2 chewable tab
Swallow 10mg tablets	Not for children under 12 yo			1 tablet

Measure the Dose: Medication syringes and droppers are better to use than teaspoons or eating utensils. Use the syringe or dropper that comes with the medicine, or pick one up at a pharmacy.

Active Ingredient:

Loratadine

When you have an allergic reaction, your immune system releases chemicals called histamines to fight the allergen, which leads to various allergy symptoms. Loratadine helps relieve these allergy symptoms by blocking the effects of histamines, reducing the severity of your symptoms.