



248 PLEASANT STREET, SUITE 2600  
 CONCORD, NEW HAMPSHIRE 03301  
 Phone (603) 224-1929  
 Fax (603) 228-7114  
 www.concordpediatricsnh.com

## Ibuprofen Dosage Sheet

- Brand Name: **Motrin, Advil**, generic Ibuprofen

**Indications:** Treatment of fever and pain.

**Frequency:** Repeat every 6 to 8 hours as needed. Don't give more than 4 times a day.

**Dosage:** Determined by using the table below.

<b>*Ibuprofen is NOT recommended for children under 6 months of age</b>					
Child's Weight (lbs)	Dose in mg	Infant Drops (50mg/1.25mL)	Children's suspension (100mg/5mL)	Junior Chewable 100mg tablets	Adult Swallow 200 mg tablets
12-17 lbs	50mg	1.25mL	2.5mL		
18-23 lbs	75mg	1.875mL	3.75mL		
24-35 lbs	100mg	2.5mL	5mL	1 chew tab	
36-47 lbs	150mg	3.75mL	7.5mL	1 ½ chew tabs	
48-59 lbs	200mg	5mL	10mL	2 chew tabs	1 tab
60-71 lbs	250mg		12.5mL	2 ½ chew tabs	1 tab
72-95 lbs	300mg		15mL	3 chew tabs	1 ½ tabs
95 - 135 lbs	400mg			4 chew tabs	2 tabs
Adults	400 to 600mg			4 to 6 chew tabs	2 to 3 tabs

**Measure the Dose:** Medication syringes and droppers are better to use than teaspoons or eating utensils. Use the syringe or dropper that comes with the medicine or pick one up at a pharmacy.

**Why treat a fever?** We want to make the person feel better so they can drink and rest comfortably. Even higher temperatures (103<sup>0</sup>F or greater) during an illness are not dangerous unless your child has a history of seizures or a chronic disease. Fever is a sign that the body is trying to fight infection, but lowering the fever will not prevent the immune system from doing its job. It is not necessary to lower a child's fever to normal, but reducing it by 1-2 degrees will make your child feel better so they rest and stay hydrated.

**Can I use Ibuprofen and Acetaminophen together?** [For children over 6 months old] You do not have to, but if your child is very uncomfortable, you can use both medicines at the same time or alternating. For example;

give a dose of Ibuprofen and follow it a few hours later with a dose of Acetaminophen. Do not give Ibuprofen more often than every 6 hours, and do not give Acetaminophen more often than every 4 hours.