



248 PLEASANT STREET, SUITE 2600
 CONCORD, NEW HAMPSHIRE 03301
 Phone (603) 224-1929
 Fax (603) 228-7114
 www.concordpediatricsnh.com

Cetirizine Dosage Sheet

- Brand Name: **Zyrtec**, generic cetirizine

Indications: Treatment of nasal or eye allergies, hives, itching, and other allergic symptoms.

Frequency: Once per day

Dosage: Find the child's age on the dosage table below

| Child's Age | *6 months to 2 years old | 2-5 years old | 6-11 years old | 12+ years old |
|---------------------------------|---------------------------------|----------------|----------------|----------------|
| Liquid 5mg/5mL | 2.5 mL (½ tsp) *Ask a doctor | 2.5 mL (½ tsp) | 5 mL (1 tsp) | 10 mL (2 tsp) |
| Chewable 5mg tablets | Not for children under 6 yo | | 1 chewable tab | 2 chewable tab |
| Swallow 10mg tablets | Not for children under 12 yo | | | 1 tablet |

Measure the Dose: Medication syringes and droppers are better to use than teaspoons or eating utensils. Use the syringe or dropper that comes with the medicine or pick one up at a pharmacy.

Active Ingredient:

Cetirizine

When you have an allergic reaction, your immune system releases chemicals called histamines to fight the allergen, which leads to various allergy symptoms. Cetirizine helps relieve these allergy symptoms by blocking the effects of histamines, reducing the severity of your symptoms.